



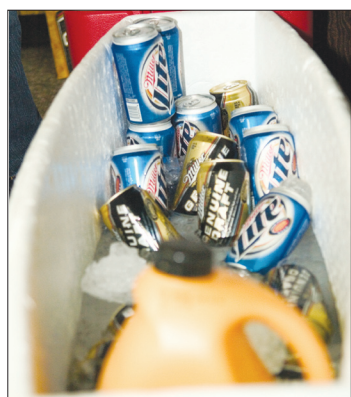
*Arctic Warrior  
dies in plane  
crash*

– Page 2



*13 Elmendorf  
majors selected  
for promotion*

– Page 4



*Airmen learn  
valuable DUI  
lessons*

– Page 20

– CAC cards are  
required to log  
on to government  
computers after  
Saturday

## Arctic Warriors host cadet encampment



Civil Air Patrol Cadet Dalton Jenkins closes his eyes and steps out of the Ft. Richardson jump tower Tuesday.

– Pages 10-11



# Team Elmendorf loses one of its own

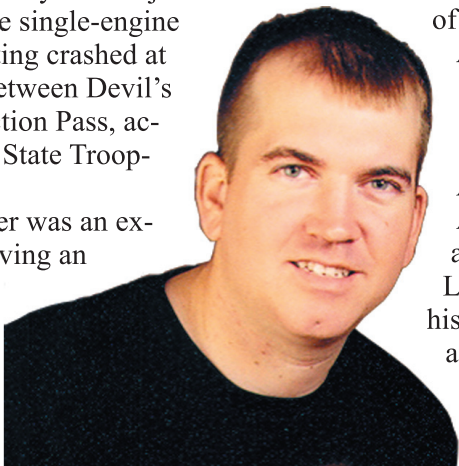
By Staff Sgt. Francesca Popp  
3rd Wing Public Affairs

Tech. Sgt. Michael Lawler, a 3rd Aircraft Maintenance Squadron member, died Tuesday from injuries sustained when the single-engine plane he was piloting crashed at about 5:45 p.m. between Devil’s Pass and Resurrection Pass, according to Alaska State Troopers.

Sergeant Lawler was an experienced pilot having an instrument rating and a float plane rating.

Sergeant Lawler arrived here in August 2001.

During his tour, he served as an electro-environmental systems craftsman in the 19th Aircraft Maintenance Unit Specialist Flight.



Tech. Sgt. Michael Lawler

He also stood out in the 3rd AMXS by being selected as the Outstanding Maintenance Performer during the third quarter of 2004 and the 2004 Pacific Air Forces Outstanding Maintenance Performer of the Year for the 3rd AMXS.

The 30-year-old was a native of Satellite Beach, Fla. After joining the Air Force in January 1995, Sergeant Lawler balanced his time between his active-duty commitments and furthering his education. He obtained a bachelor of science in professional aeronautics degree from Embry-Riddle University during his 11 years of service. He was also working toward earning a

master’s degree in the field.

In addition to his educational pursuits, Sergeant Lawler believed in supporting the community, donating countless hours of service, including volunteer work for St. Patrick’s Parish in Anchorage.

“Mike was a true patriot and a loving husband and father,” said Capt. Jimmy Martello, the 19th AMU OIC. “His commitment to the Air Force, his family and church was an inspiration to those of us who had the honor of serving with him.”

**The memorial service will take place at 10 a.m. today at St. Patrick’s Parish, 2111 Muldoon Rd. The funeral will be held July 8 at the Good Shepherd Catholic Church in Tallahassee, Fla.**

Sergeant Lawler’s awards include the Air Force Commendation Medal with two oak leaf clusters and the Air Force Outstanding Unit Award with Valor and four oak leaf clusters.



**Capt. Raja Chari**, 90th Fighter Squadron, distinguished himself by outstanding contributions to the planning and execution of the 90th FS operations supporting Exercise Northern Edge 2006. Captain Chari produced a myriad of mission planning aids and materials, which allowed the successful accomplishment of eighteen Northern Edge 2006 missions and dramatically enhanced the squadron’s readiness to execute Air Interdiction of Maritime Targets missions.

**Senior Airman Garrett Hothan and Airman 1st Class Nathan Delgado and Robert Aten**, 3rd Communications Squadron, provided outstanding multimedia support during Exercise Northern Edge 2006. Over the two-week exercise, they worked many extended hours, creating time-sensitive multimedia products needed to support public affairs requirements, including three video clips which were the first-ever featured on the Air Force Link website from Elmendorf. Additionally, this team provided the historical video footage of the first F-22s to land at Elmendorf to the chief of Public Affairs at the Pentagon within four hours of request.



Brig. Gen. Hawk Carlisle  
3rd Wing commander

Do you have a problem you can’t seem to get solved? Would you like to recognize someone for a job well done? The commander’s action line is your avenue to communicate your questions, comments and concerns directly to the commander, Brig. Gen. Hawk Carlisle. Your calls will get the commander’s personal attention and be answered in a timely manner.

If you have a question, call or e-mail the action line at:

**552-2224**  
**actionline@elmendorf.af.mil**

The following commanders stand ready to help you and can answer the majority of your questions. If they can’t help, then please call the Action Line.

**Key phone numbers:**  
Col. Mike Hass, 3rd CES/CC  
552-3007  
Lt. Col. David Aupperle, 3rd SVS/CC  
552-2468  
Lt. Col. Robert Garza, 3rd SFS/CC  
552-4304

## July 4th: More than a Holiday ... A Celebration of Freedom

By General Paul V. Hester  
Commander, Pacific Air Forces

This Fourth of July marks the 230th anniversary of the day 56 brave patriots signed the Declaration of Independence – the document that marked the birth of our Nation. Those early Americans knew that this declaration was only the beginning of a long struggle for freedom and independence. Since that day, regardless of the challenges, proud Americans around the globe have steadfastly defended the inalienable rights of life, liberty, and the pursuit of happiness.

On Independence Day we celebrate the birth of America – a nation that has stood for freedom from its very first day. We are a nation that will send generation after generation of our young people to fight for the liberties of millions of people around the world.

From Valley Forge to Bastogne to Fallujah, Americans have answered the call and gone in harm’s way for freedom.

Today, the men and women of Pacific Air Forces

hold the torch of freedom’s defenders high for all to see. Far from America’s shores and the places we call “home,” your service and dedication to our Nation is exemplary. Patriots know no generation ... know no century ... they stand for freedom and defend it proudly.

As Lynda and I celebrate this Independence Day, our thoughts and prayers, and those of a grateful nation are with you ... AMERICA’S FINEST MEN AND WOMEN!

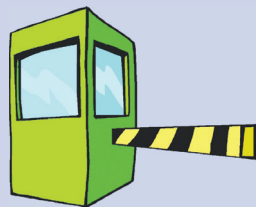
May God bless you all and may He bless our great Nation!



COURTESY PHOTO  
Gen. Paul V. Hester

### Government Hill Gate re-opens

The Government Hill Gate will re-open Saturday. The hours of operation will be 6 a.m. to 10 p.m.



### 3rd Wing Moment in History June 29, 1950:

The 3rd Bombardment Group launched an attack against the Han River bridges near Seoul. The attacks tore up the flooring on the three parallel railroad bridges, which the North Koreans had installed. The 8th Bombardment Squadron reported two crewmembers missing in action when their B-26B crashed into a mountainside during a second strafing attack.



#### Sourdough Sentinel

##### Editorial Staff

Brig. Gen. Hawk Carlisle	3rd Wing Commander
Lt. Col. Michael T. Halbig	Chief, Public Affairs
Staff Sgt. Francesca Popp	NCOIC, Internal Information
Senior Airman Jared Marquis	Editor
Staff Sgt. Rhiannon Willard	Photographer

The *Sourdough Sentinel* is published by Anchorage Publishing, Inc., Anchorage, Alaska, a private firm in no way connected with the U.S. Air Force, under exclusive contract with the 3rd Wing.

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The deadline for article submissions to the *Sourdough Sentinel* is 4 p.m. Friday. Articles will be published on a space-available basis and are subject to editing by the *Sourdough Sentinel* staff. Submission does not guarantee publication.

For more information, call the *Sourdough Sentinel* office at 552-2493 or 552-8941, e-mail: [sourdough.sentinel@elmendorf.af.mil](mailto:sourdough.sentinel@elmendorf.af.mil), fax us at 552-5111, or write to us at: 3rd WG/PA, 10480 22nd St. Ste. 119 Elmendorf AFB, AK 99506



# Blood flows through AOR middlemen

By Tech. Sgt. Chuck Marsh  
CENTAF-FW/PA

You've been deployed for more than 80 days so far — this rotation. You're back in full "battle rattle" with your unit combing the mountainsides of Afghanistan trying to oust the remnants of the Taliban regime and ensure democracy for the people of that country. An anti-Coalition force has been spotted in the area and they must be found. You're on point and leading the team when out of nowhere, the easily recognized ak, ak, ak of an AK-47 breaks the silence of the cool, still night. Bullets and tracers surround you, burning through the night when you realize that's not the only thing burning. You've been hit and your leg is burning as well, courtesy of the deadly nightlights.

Sweat stings your eyes and wound and you crumble without hesitation to the rocky high desert, leaning to the left as you start to scream curses at your enemy and yourself. You're losing a lot of blood and the wound in your leg is in need of serious medical attention. You need a doctor and a refill of blood—soon. Your teammates provide a field dressing, but it's a temporary fix to a continuing problem. A medical evacuation team has been requested, and will arrive after the area has been secured and there is no significant threat (there's always some kind of threat) to the aircraft and crew. You start to feel faint when the A-10s rumble in dropping ordnance, conducting strafing runs and ending the engagement.

The HH-60G Pave Hawk barely touches the ground and you are already in the care of a professional medical team preparing you for a 'whirly bird' ride to a hospital with the 'liquid of life' awaiting your arrival.

Touchdown. Moments later you're on a table with one hole from a bullet, no longer oozing blood, and two others as intravenous lifelines replace the blood you've already lost.

The total team effort sees search and rescue personnel evacuate you while the medical personnel begin to stitch you back up — every piece working together to save your life. But there are other people, far from the front lines and forward deployed locations who had a large part in saving your life and will now be a part of you forever.

They are the men and women on military installations across the United States who have donated at least one hour of their day and one unit of their blood used to save injured Soldiers, Sailors, Airmen and Marines every day.

It is the job of the 379th Expeditionary Medical Group's Expeditionary Blood Transshipment System to

ensure that life-saving blood, plasma and cryoprecipitate (the part of the blood that aids in clotting) get from the states to the forward operating bases.

"All blood comes through here and that is mainly due to the airlift capabilities available," said Capt. Scott Corey, U.S. Central Command Area Joint Blood Program Officer, deployed from Elmendorf. "Each week, we receive shipments from the Armed Services Whole Blood Processing Laboratory. We break down the pallets, take inventory and distribute the blood and plasma to forward operating locations."

Since Sept. 11, 2001, the 379th EMDG/EBTS has handled and shipped more than 76,000 red blood cell units and more than 27,000 fresh frozen plasma units for Soldiers, Sailors, Airmen and Marines in need at forward deployed locations.

According to U.S. Navy Lt. David Koch, blood program officer-forward for the U.S. Central Command Surgeon General, the blood is donated from military members,

family members and anyone else who can get on a military installation and is used to save the lives of those down range.

Those down range locations include Balad Air Base and Bagram Air Base, which receive the blood at pre-positioned Blood Supply Units and they, in turn, redistrib-

ute the blood to forward operating bases under their watch. The 379th EMDG/EBTS also re-supplies the South of Iraq, the Horn of Africa and any Navy vessels in the Persian Gulf.

"The people at the EBTS don't get to see the results of their hard work, but I can assure them, as a nurse, they are doing a whole lot of good," said Maj. Debbie McKitrick, 379th EMDG nurse and volunteer plasma package inspector. "This is a huge deal to the patients down range

coming in with major injuries — especially amputations."

The life-saving blood comes from donors on military bases across the states and is assembled at ASWBPL, boxed and shipped out.

"We get boxes full of the products (blood, plasma and cryoprecipitate)," said Captain Corey who, along with the other four EBTS members is deployed from Elmendorf. "We receive the pallets and separate them between the frozen plasma and the refrigerated blood. We check the temperatures and ensure they are between the ranges necessary for the product, we also check the plastic covering to ensure there are no breaks or cuts in it. When traveling at roughly -35 degrees Celsius, the plastic gets very brittle and easily breakable. If we miss any breaks and the doctors chose that unit and there is a hole, the contents will just run out and they will have wasted about 30-45 minutes of the patient's precious time."

The EBTS receives most types of blood, including A+, A-, B+, B-, O+ and O-. Each week, the EBTS typically receives between 1,200 and 1,800 units from ASWBPL. When traveling, the plasma is kept at least at a cool -18 degrees Celsius, with the help of dry ice and the blood hovers at a balmy 1 to 6 degrees Celsius.

Within 24 hours, the blood has been inventoried and is awaiting transport downrange—an important turn-around due to the blood's life span of only 42 days.



**Tech. Sgt. Brian Wellborn ensures the information scanned by Master Sgt. Ed Juraszek is correct as it's registered into the Defense Blood Standards System, a program that tracks and maintains accountability for all the blood products traveling through the Blood Transshipment Center. The 379th Expeditionary Medical Group Expeditionary Blood Transshipment System five-member team is deployed from Elmendorf.**

"I didn't know moving blood was such a high priority," said Airman 1st Class Rachel Castaneda, the logistician of the EBTS. "When I think about it though, I'd rather have a busy day here than not have the blood to send down range to the folks who need it."

When the blood supply gets low, hospitals have two choices.

"The hospitals have two avenues they can take if supplies get low: they can take from another base, but this is not encouraged; or they can take emergency whole blood donations. At certain bases, there are pre-registered people who are designated when in a pinch and are called to go donate," said Captain Corey; a laboratory scientist by trade nicknamed 'the Iceman' for the time he spends in the refrigerator sorting the blood by expiration date.

"The supplies go to taking care of multi-national Coalition forces, Iraqi local nationals and even insurgents," continued Captain Corey. "There is no discrimination when it comes to who gets the blood."

Aside from the EBTS, other members across the base are instrumental in helping this life-saving mission happen; they include the load planners, special handling folks, traffic management office and members of the air terminal operations center.

Those directly in harm's way during this war on terror have too much else on their minds to worry about. One thing they can be sure of is that a long list of support personnel will always be there to help, and the EBTS will continue to keep the supply of 'liquid life' flowing for those in need.



**A member of the 379th Expeditionary Medical Group's Expeditionary Blood Transshipment System scans in the bar code information on each unit of blood.**



**Capt. Scott Corey, U.S. Central Command Area Joint Blood Program Officer, deployed from Elmendorf, sorts through the blood units and arranges them in the walk-in refrigerator by their expiration date.**



# 13 Arctic Warriors selected for lieutenant colonel

- Richard Aaron,  
*Alaskan Command*

Steven Ankerstar  
*3rd Wing*

Shannon Cooper  
*3rd Maintenance  
Operations Squadron*

Paul Crandall  
*3rd WG*

Mitchell Garnick  
*3rd Medical Support  
Squadron*

Robert Gates  
*11th Air Force*

Mark Grotelueschen  
*3rd WG*
- Michael Homola  
*962nd Airborne Air  
Control Squadron*

Scott Leonard  
*611th Air Operations  
Squadron*



Scott Magnan  
*11th Operations  
Weather Squadron*

David Peterson  
*3rd Aerospace  
Medicine Squadron*

Glenn Rybacki  
*517th Airlift Squadron*

Jeffrey Smith  
*962nd AACS*

Here's A Sobering Thought.



Even a little alcohol can affect your judgment, balance and coordination. The fact is, almost half of the rides who die in solo motorcycle crashes have been drinking. Play it safe. Don't start drinking until you've finished riding.

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www.msf-usa.org

PHOTO BY STAFF SGT. CANDY KNIGHT

## Deployed construction

MANAS AIR BASE, Kyrgyzstan – Tech. Sgt. Bryce Vanoverbeke, 376th Expeditionary Civil Engineer Squadron, smoothes out recently poured concrete as part of a sidewalk construction project. Sergeant Vanoverbeke is deployed from the 611th CES at Elmendorf.



# Arctic Warriors receive non-judicial punishment, discharges

**Article 15s:**

An airman first class from the 3rd Aircraft Maintenance Squadron was absent without leave from his place of duty.

His punishment was a reduction to airman, suspended forfeiture of \$250 pay, restriction to base for 14 days, and 14 days extra duty.

An airman from the 3rd Equipment Maintenance Squadron wrongfully used marijuana. He also obstructed justice by instructing other members to dispose of drug paraphernalia and marijuana found in his room.

His punishment was a reduction to airman basic, forfeiture of \$636 pay for two months with one month suspended, restriction to base for 15 days, and 45 days extra duty.

An airman first class from the 3rd AMXS was drunk and disorderly and made unwanted sexual advances toward another member while drinking underage.

His punishment was a reduction to airman, suspended forfeiture of \$250 pay, restriction to base for 21 days, and 21 days extra duty.

An airman first class from the 3rd AMXS supplied alcohol to a minor.

His punishment was a suspended reduction to airman, forfeiture of \$250 pay for two months, restriction to base for 21 days, and 21 days extra duty.

**Discharges:**

An airman basic with the 3rd Security Forces Squadron was administratively discharged for a pattern of misconduct.

The member’s misconduct included two Article 15s for falling asleep while on duty, communicating a threat, drinking under age and assaulting another Airman. He also received two Letters of Reprimand for not reporting to his extra duties, failing to report back to work after leaving for lunch and for being late to work after going to lunch.

The member’s misconduct resulted in a General Discharge.

An airman with the 3rd Civil Engineer Squadron was administratively discharged for minor disciplinary infractions.

The member’s misconduct included an Article 15 for operating a vehicle while under the influence of alcohol, being drunk and disorderly with Military Police, and failing to stop at the Ft. Richardson Gate. She also received a Letter of Reprimand for allowing another Airman to drive her vehicle while he was under the influence of alcohol.

The member’s misconduct resulted in a General Discharge.

An airman basic with the 3rd CES was administratively discharged for minor disciplinary infractions. The member’s misconduct included a vacation action for sleeping on duty.

A vacation action imposes a suspended punishment from a previous Article 15. The member’s misconduct also included an Article 15 for being derelict in the performance of his duties and being disrespectful to a NCO. He also received four Letters of Reprimand for being disrespectful to a NCO, failing to go to roll call and his Alcohol Drug Abuse Prevention Training appointment, being late to his ADAPT appointment, drinking underage and drinking alcohol within eight hours of reporting to work.

Finally, he received three Letters of Counseling for failing his dorm room inspection, not going to roll call and being late to work.

The member’s misconduct resulted in a General Discharge.

An airman with the 3rd Communications Squadron was administratively discharged for minor disciplinary infractions. The member’s misconduct included one Article 15, six Letters of Reprimand, and five Letters of Counseling for misconduct consisting of being late to work, along with sleeping on duty, making a false official statement, and violating an order not to drive on base.

The member’s misconduct resulted in a General Discharge.

An airman with the 3rd CES was administratively discharged for minor disciplinary infractions. The member’s misconduct included an Article 15 for failing to obey a

lawful order and dereliction of duty while performing guardmount duty. He also received four Letters of Reprimand, three for being disrespectful and one for failing to obey lawful orders. He also received five Letters of Counseling for failing to obey orders on two occasions, making a false official statement, speeding in a parking lot and playing his music too loud, causing a disruption.

The member’s misconduct resulted in a General Discharge.

An airman basic with the 3rd Operations Support Squadron was administratively discharged for wrongful use of marijuana. The member’s misconduct included an Article 15 for drug abuse. After the member’s Article 15 and while she was being processed for discharge, it was discovered that she had used marijuana again. The additional drug use resulted in a Summary Court-Martial.

The member’s misconduct resulted in a General Discharge.

An airman basic with the 3rd SFS was administratively discharged for wrongfully using marijuana. The member’s misconduct included a Special Court-Martial conviction for drug abuse and wrongful appropriation of government property.

The member’s misconduct resulted in a General Discharge.

*(Courtesy of 3rd Wing Legal Office)*





Disposition of personal effects

2nd Lt. Jared Ferneau, is authorized to make disposition of the personal effects of Tech. Sgt. Michael Lawler, 19th Aircraft Maintenance Unit, as stated in AFI 34-244.

Any person or persons having claims for or against the estate of the deceased should contact Lieutenant Ferneau at 552-9057.

Government Hill Gate

The Government Hill Gate reopens Saturday. It will be open 6 a.m. to 10 p.m. daily.

Grady Highway

A ribbon cutting ceremony for the Grady Highway is at 11 a.m. July 13. A bus will start running at 10:30 a.m. at the Joint Military Mall parking lot to transport people to the ceremony. In case of inclement weather, the ceremony will take place near the JMM main entrance.

Muldoon Gate

Due to construction, the Muldoon Gate is scheduled to close July 10-Aug. 3.

For more information, call Airman 1st Class Carlos Lopez at 552-4011 or Hazim Yunis at 552-3079.

Road closure

Due to housing construction in the New Denver development, Luke and McCloud Avenues, near

Mt. Spurr Elementary, are closed between 16th and 17th Streets until November.

For more details, call Dan Eckert at 552-2466.

Changes of command

■ The 3rd Component Maintenance Squadron change of command ceremony begins at 9:30 a.m. Thursday at the propulsion flight at 8549 Sijan Ave. Lt. Col. Randolph Smith will relinquish command to Maj. Jeffrey King.

For more information, call Capt. Dyann Schilling at 552-3713.

■ The 611th Air Support Squadron change of command ceremony begins at 10:30 a.m. July 12 at the Susitna Club Ballroom. Lt. Col. Gregory Schaelling will relinquish command to Maj. John Clayton.

For more information, call Master Sgt. Pamela Rathers at 552-3713.

■ The 3rd Services Squadron change of command begins at 10 a.m. July 12 at the Susitna Club Ballroom. Lt. Col. David Aupperle will relinquish command to Lt. Col. Michael Borgert.

For more information, call Master Sgt. Martin Barr at 552-3174.

Education fair

An Education Fair takes place 10 a.m.-2 p.m. July 13 in Bldg. 4109. Field representatives will be available to discuss online tuition assistance and financial aid.

For more information, call 552-3292.

Volunteers needed

Arctic Thunder 2006, Elmendorf’s air show and open house, is Aug. 12-13.

The air show team is seeking volunteers for various tasks. People interested in helping should call 552-5324 or 552-5414, or e-mail 2nd Lt. Joseph Douglass at *joseph.douglass@elmendorf.af.mil* or Senior Master Sgt. Richard Lister at *richard.lister@elmendorf.af.mil*.

For more details about the event, call 552-SHOW (7469).

Club scholarships

Family members of current Air Force club members are eligible for \$25,000 worth of scholarships.

Applicants must submit an essay of 500 words or less on the topic “Proud to be an American.” Submissions are due to the 3rd Services Squadron commander by July 14.

Applications can be picked up at the clubs or online at *www.afsv.af.mil/clubs*.

For more information, call 552-3131.

Spouse TA

The dates to apply for Spouse Tuition Assistance for classes beginning in August and September are July 12-Aug. 26 for University of Alaska, Central Texas College and Embry Riddle Aeronautical University and July 26-Aug. 9 for



Wayland Baptist University.

For more information, call the Education Center at 552-3164.

**SNCO Induction Ceremony**

The SNCO Induction ceremony for newly selected master sergeants takes place Sept. 8 at the Anchorage Hilton. The fifth Chief Master Sergeant of the Air Force, Robert Gaylor is the speaker. The meal costs \$35 and includes a choice of Alaskan halibut or roast beef.

R.S.V.P. by Aug. 11 by e-mailing [sncoi.2006@elmendorf.af.mil](mailto:sncoi.2006@elmendorf.af.mil).

For more information, call Tech. Sgt. Shannon Moore at 552-7088.

**AMH Closure**

The Aurora Military Housing Office and 3rd Civil Engineer Squadron housing flight are closed Monday and Tuesday in honor of Independence Day. They will reopen at 8 a.m. July 5. Anyone needing to submit Temporary Lodging Allowance paperwork must come by the office customer support section by noon today. For more information, call 753-1023.

**Victim advocate training available**

The next free Victim Advocate training is July 17-21. VAs will receive instruction on the psychological trauma, victim sensitivity, healing from trauma, offender dynamics and helping skills. People who are selected as VAs will be given an Air

Force VA training certificate.

For more details or to sign up, call the SARC Office at 551-2033.

**Loaner furniture**

Long-term loaner furniture is available for accompanied and unaccompanied staff sergeants and below authorized to live off base.

This furniture is limited and issued on a first-come, first-serve basis. The furniture may be used for the duration of the member’s tour. However, they must pick up and return these items.

Airmen interested in borrowing the furniture should bring their address and one copy of their orders 9 a.m.-4:30 p.m. weekdays to the housing office at 6346 Arctic Warrior Dr. For more information, call 552-4439 or 552-2599.

**New INFOCON Levels**

INFOCONs are now numeric-based (5 to 1) instead of alpha-based (Normal to DELTA).  
INFOCON 5 = INFOCON Normal  
INFOCON 4 = INFOCON ALPHA  
INFOCON 3 = INFOCON BRAVO  
INFOCON 2 = INFOCON CHARLIE  
INFOCON 1 = INFOCON DELTA

Along with this change in naming convention, the United States Strategic Command commander has also implemented INFOCON 5. We are now in INFOCON 5 (Normal).

The 3rd Wing Information Assurance Office is awaiting further guidance from PACAF on implementation of the new system. Currently, there will be no change in operations,

network access, or impact to users. Any questions should be directed to unit ISSOs who have been briefed on the change.

The new INFOCON signs are available on our Sharepoint site. Please print out and post the Real World signs.

**Military and Family Readiness Center**

The Military and Family Center is closed Monday and Tuesday for Independence Day. For Air Force Aid emergencies, call the command post at 552-3000.

**PACAF Band Concert**

The U.S. Air Force Band of the Pacific’s Greatlanders will perform a free concert at 2 p.m. Sunday in the Anchorage Town Square.

**Education Center**

The Elmendorf Education and Training Flight, located in Building 4109 Bullard Ave, can help with educational needs, from high school completion to graduate programs at the master’s degree level and beyond.

Undergraduate, graduate and postgraduate programs are available on- and off-base through the Community College of the Air Force, The University of Alaska, Wayland Baptist University, Embry-Riddle Aeronautical University and Central Texas College.

In addition, counseling in preparation for commissioning programs,

post-service career choices, financial assistance and spouse tuition assistance is also available. Administration of the Scholastic Aptitude Test college entry exams and tests for college credits and information on various commissioning programs are some additional avenues in which the education center can help you envision your future.

For more information stop by or call the Education Office at 552-3164.

**AFPC BEST closure**

AFPC Civilian Recruitment Service Center representatives and Benefit and Entitlement Service Team counselors will not be available on Monday.

However, employees and applicants will still have access to the automated systems:

Employees can access the BEST automated web [<https://www.afpc.randolph.af.mil/afpcsecure/default.asp>] and the BEST automated phone system [(800) 616-3775, option 2, option 2] to conduct transactions via the automated system.

Recruitment Service Center applicants may access the automated web at <http://ask.afpc.randolph.af.mil/civemploy> or the automated phone system.

Current Air Force employees can call (800) 616-3775, option 2, option 1 and external applicants call (800) 616-3775, option 6, option 1 to access vacancy announcements or self-nominate.



### Senior Airman Donna Smith

**Organization and duty title:** 3rd Communications Squadron commander’s support staff  
**Hometown:** Augusta, Ga.  
**Hobbies:** Shopping  
**Mission Contributions:** Handles the personnel actions for the 300+ member 3rd CS. Also helps ensure that troops are getting things like decorations and evaluations on time.  
**Time at Elmendorf:** Three years  
**Time in Air Force:** Four years  
**Best part about being in Alaska:** The Summer  
**Quote from supervisor:** “Airman Smith fills a role normally held by an NCO, she has a dogged determination to make sure that the job gets done. She routinely works extended hours and goes that extra mile to do the job right and rarely gets a thank you for her hard work. We selected her as the Arctic Warrior of the Week to say thank you for all the hard work she does behind the scenes, but never gets recognition for.” 2nd Lt. Kelly Blanchet



PHOTO BY AIRMAN 1ST CLASS DE-JUAN HALEY



PHOTO BY SENIOR AIRMAN GARRETT HOTHAN

### Staff Sgt. Ronald Mehalick

**Organization and duty title:** 3rd Aerospace Medicine Squadron optometry technician  
**Hometown:** Middlesex, N.J.  
**Hobbies:** Running, video games, taking care of his two sons  
**Mission contributions:** Ensures military members have all the necessary optical equipment for deployment.  
**Time at Elmendorf:** One year  
**Time in the Air Force:** 12 years  
**Best part about being in Alaska:** Snow  
**Quote from supervisor:** “Sergeant Mehalick is a top-notch NCO. Not only is he involved with screening patients for three doctors, he also trains two airmen. He is also our flight training monitor, safety monitor, and infection control monitor. He’s a full time single parent with two boys at home and still finds time to interact with other members of the flight off duty. He is an indispensable asset to our clinic, our mission, and the Air Force.” Tech. Sgt. Adam Sauls





Coast Guard Petty Officer 2nd Class Clinton Mooer receives a breathalyzer test from Officer Don Mann, an instructor for Driving Under the Influence Awareness Training at the Anchorage Police Department Training Center.

*Drinking free alcohol during duty hours affords training opportunities so ...*



PHOTOS BY AIRMAN JONATHAN STEFFAN; PHOTO ILLUSTRATION BY STAFF SGT. FRANCESCA POPP

Special Agent Edward Nirel, Air Force Office of Special Investigations, receives a field sobriety test from an Anchorage police officer.

# Airmen help APD, learn valuable lessons

By Senior Airman Jared Marquis  
3rd Wing Public Affairs

I had the unique opportunity to participate in Driving Under the Influence training with the Anchorage Police Department last week. I learned quite a bit.

The training is designed to benefit the officers in training. It teaches them to be able to recognize those individuals who may be hovering just around the legal limit. One of the instructors told me that anyone can pick out some one who is flat-out drunk. But it is difficult for the officers, especially new ones, to tell the

difference between someone who is still okay, and someone who is not safe to be on the roads.

For my part, and those that attended with me, we had the opportunity to learn more about how alcohol affects people. I have to say that the training was conducted in the safest possible manner.

Before we were allowed to partake in the festivities, the APD made sure everyone was healthy. We were also given a breathalyzer; just in case someone had jumped the gun and started too early (one person still had some left from the night before).

Once they were sure everyone was okay, they opened the bar. All the volunteers had given their physical characteristics, so APD could calculate how much they would be allowed to drink.

Because the point of the training is to make sure the volunteers are hovering around the legal limit, APD not only has to make sure participants don't overindulge; they have to make sure they continue drinking. They actually told me twice to pick it up, because I was falling behind. I couldn't let them down, so I did.

After we all had the required amount of alcohol, we were given a breathalyzer to see what our blood alcohol content was. Then, we were taken in to a room full of police academy cadets. Had APD not been supplying the alcohol, it would have been a little scary walking into a room full of cops. All the cadets were paired up and took turns giving the volunteers field sobriety tests.

I am now qualified to tell you, that if you are near the legal limit, you are going to jail. I failed every single test. Not everyone failed every time, as a matter of fact there were a couple that passed almost every time, however, they were the non-drinking participants.

Now after the first two drinks, I was in no shape to drive, and with a blood alcohol content of .098, which really isn't that high over the legal limit, I couldn't imagine getting behind a wheel. As it was, I could barely balance on one leg, how could I possibly operate a 1,200 pound vehicle?



A portable breathalyzer, like this one, is used by the Anchorage Police Department.

I also found out that you don't have to be over the legal limit to go to jail.

If you have more than a .04 BAC, they can arrest you for being impaired. The individual I mentioned who had a BAC left over from the night before blew a .038. I am sure he felt no effects at all the next day, but he was dangerously close to being legally impaired.

Something else I learned was that it was surprisingly easy to get transportation to and from the training.

Since I knew I would be drinking, and I was pretty sure APD wouldn't let me drive, even if they did supply the alcohol, so I planned ahead. Everyone knows at least someone they can ask. If not, there is always the cab company.

If nothing else, call your supervisor. I'll bet given the choice, they would rather come to a bar at 2 a.m. out of uniform, than the wing commander's office at 7 a.m. in uniform.

One thing I can say for sure, is that if you plan on having more than a couple of drinks, find a ride. If you do get pulled over – and you never know when it will happen – I can almost guarantee if you are over the legal limit, they will arrest you. If they can't tell from a field sobriety test, they can, and usually do, use the breathalyzer.

Why take the chance?



Officer Dave Cordie tells Airman 1st Class Nicole Clark, 611th Civil Engineer Squadron, to walk the straight line while he conducts a field sobriety test.



# CAP camps out at Elmendorf



PHOTO BY TECH. SGT. KEITH BROWN



PHOTO BY TECH. SGT. KEITH BROWN



PHOTO BY TECH. SGT. KEITH BROWN



PHOTO BY TECH. SGT. KEITH BROWN

## Cadets learn military way

By Senior Airman Jared Marquis  
3rd Wing Public Affairs

Approximately 60 cadets from the Civil Air Patrol participated in a week-long encampment with the help of Elmendorf and Ft. Richardson.

The encampments expose the cadets to Air Force values and traditions, said Air Force Reserve Capt. John Erickson, Civil Air Patrol, Pacific Liaison Region/Alaska, Reserve Assistance Officer.

"Civil Air Patrol Cadet Encampments are one of the most popular and worthwhile activities available to Cadets. They challenge Cadets to develop self-discipline and teamwork while broadening their understanding of aerospace," he said.

Of the 60 cadets attending the camp, 47 are "Basic" cadets, attending the encampment for the first time.

Captain Erickson said this experience could help the cadets decide whether or not to pursue a military career.

"The encampment is designed in such a way so as to provide a snapshot of what actual basic military training is like," he said. "It's very similar to the structure and living condition new recruits face, all the way down to the hospital corners they have on their beds. The structure of the military isn't for everybody, and this experience can help them decide whether they want to pursue the military as a career."

Along with the disciplined structure of the encampment, the cadets have a minimum course content and

curriculum that consists of Air Force Fundamentals, Civil Air Patrol Fundamentals, Leadership and Cadet Ethics, and Aerospace Career Exploration. However, the week is not all study and structure, they also got to have some fun.

"This year's Cadets also experienced the U.S. Army Obstacle Course, as well as the U.S. Army Jump Tower; received a tour of the Alaska Aviation Heritage Museum, a tour of the 12th Fighter Squadron, and a tour of the Elmendorf Air Control Tower. They also received incentive flights in the Alaska Army National Guard's Black Hawk Helicopters," said Capt. Erickson.

Captain Erickson said he is grateful for the help of both installations.

"Support from Fort Richardson, Elmendorf and the Alaska Army National Guard has been nothing less than stellar," he said. "They all went the extra mile. For example, members of the 517th Airlift Squadron provided the airlift

necessary to transport Cadets whose primary residence is off of Alaska's primary road system; places like Sitka and Juneau.

"In addition, members of the U.S. Army's 1st Battalion - 501st Parachute Infantry Regiment came out on a Sunday morning to run the Cadets through the U.S. Army Obstacle Course. Then there's the logistical support, like billeting, linens, food services and ground transportation. We are extremely grateful for the assistance that has been provided," he said.



PHOTO BY TECH. SGT. KEITH BROWN

Clockwise from top left: Civil Air Patrol Cadet Cynthia Nowicki looks out of the window of a UH60 Black Hawk helicopter Tuesday while flying over Arctic Valley. The National Guard provided incentive rides to the 60 CAP cadets.

A CAP cadet leaves the Jump Tower at Ft. Richardson Tuesday. Cadets from the Alaska CAP program participated in a one-week encampment June 22 through today. The encampment is similar to basic training.

Cadets Cynthia Newicki, Veronica Morthoppe and Sarah O'neil cheer on their fellow cadets at the Ft. Rich jump tower. Soldiers from Ft. Rich donated their time to help the cadets get the full military experience.

Cadet Justin Schalton is geared up and waiting his turn at the jump tower.

U.S. Army Pfc. Charlie Howard of the 1-501st Parachute Infantry Regiment watches his group of Civil Air Patrol cadets take on the high step obstacle at the Ft. Rich obstacle course during summer camp Sunday. After the obstacle course, cadets were invited to join the soldiers in the mud pit.

U.S. Army Staff Sgt. Gregory Cook, Alpha Company, 1st-501st jumpmaster, helps a CAP cadet suit up for the jump tower.



PHOTO BY BRIAN LEPELY





# Services Eaglet

"Telling the Services Story" in daily activities and special events for the Elmendorf community

## Golf lessons for Junior and a **FREE** set of clubs!

All for only **\$99!**



The Golf 4 Juniors program includes 6 hours of professional instruction for youth ages 8-14 and a free set of top quality junior clubs upon graduation.

**July 24-27**  
Eagleglen Golf Course 552-3821

### Aero Club

## Membership Drive

Aero Club members, who bring in a new member, will get one free hour of flight time in a Cessna C-172. Bring in two new members and receive two free hours! New members will also receive the free flight time.

Promotion ends Aug. 31 - certain restrictions apply



## Hillberg Challenge



noon  
**July 14**  
sign ups 11 a.m.  
Call the Fitness Center  
for details, 552-5353



## Set sail to the Library for high-seas adventure and swashbuckling tales with Captain Book, a pirate-themed reading program for ages 6-12.

Prizes will be awarded to the boy and girl who read the most by July 31

Get reading materials and log by Wednesday. Prizes awarded Aug. 10.  
552-3787



Bring your *Passport to Fun* to all the Customer Appreciation Celebration events this summer for your chance at over \$10,000 in giveaways!

### Today

**Downtown Walking Tour** noon-5 p.m., bring lunch and spending money, Youth Center, 552-2266

#### Basic Automotive Service Class

5 p.m. by appointment, \$20, Auto Hobby, 552-3473

**RC DJ** (The Rajun Cajun) 9 p.m.-3 a.m. adults only, Kashim Club, 753-6131

### Saturday

**Palmer to Buffalo Mine Road Bike Ride** 9 a.m., \$10, \$6 bike rental if needed, Outdoor Recreation, 552-2023

**DJ Karaoke** 9 p.m., adults only, Kashim Lounge, 753-6131

**Xtreme Bowling with a DJ** 9 p.m.-1 a.m., \$18 per person including shoe rental, Polar Bowl, 552-4108

**First to Fourth Sale** through July 4, sure to be a "blast" with specialty and select red, white and blue items on sale, Eagleglen Pro Shop, 552-3821

### Sunday

**Sunday Brunch** 10:30 a.m.-1:30 p.m., \$16.95 *Members First* price, \$19.95 regular price, \$7.95 for children age 6-12, Susitna Caf , 753-3131

**Family Xtreme Bowling** 1-8 p.m., \$30 for up to six bowlers, shoe rental, one lane for two hours, two pitchers of soda and popcorn, Polar Bowl, 552-4108

### Monday

**Kenpo Karate** 6-7 p.m. for ages 4-18, 7-8 p.m. for adults, \$30 per month, ages 4 to adult, Arctic Oasis, 552-8529

#### Monday Evening Road Bike Ride

5:30 p.m., \$6 bike rental if needed from Equipment Rental, Outdoor Recreation, 552-2023

### Tuesday

**MusicGarten** 9:30-10:05 a.m. for ages 3-5 and 10:15-10:45 a.m. for children 16 months to 3 1/2 years, singing, dancing, listening and playing simple instruments, \$30 per month, Arctic Oasis, 552-8529

**4th of July Meal** 10:30 a.m.-1 p.m., Iditarod Dining Facility, 552-2528

**Red, White and Blue Tournament** tee times 7-11 a.m., unique two-person team event will test your skills. Show your patriotism by wearing red, white and blue. Bring your *Passport to Fun* to this Customer Appreciation Celebration event, Eagleglen Golf Course, 552-3821

### Wednesday

**Kayak Training** 5-8 p.m., \$25, sign-up in advance, Outdoor Adventure Program, 552-2023

**Advanced Sign Language for the Deaf/ASL** 5-7 p.m. also July 12, 19 and 26, \$45 plus dictionary, Arts & Crafts, 552-7012 or 552-2478

**Give Christmas in July** 5-9 p.m., sew stockings to be donated to area hospital children's wards this Christmas, all supplies provided. Bring your sewing machine, extra embellishments and your *Passport to Fun* to this Customer Appreciation Celebration event, Arts & Crafts, 552-7012 or 552-2478

**Kenpo Karate** 6-7 p.m. for ages 4-18 and 7-8 p.m. for adults, \$30 per month, Arctic Oasis, 552-8529

**Beading "Simple Earring Assembly"** 6:30-8:30 p.m., \$25 plus kit, Arts & Crafts, 552-7012 or 552-2478

**New Parent Orientation** 9:30 a.m. at all Child Development Centers

### Thursday

**Thursday Night Madness** 5-9 p.m., \$18 per lane, up to five bowlers, shoes not included, Polar Bowl, 552-4108

**Beginner Quilting** 6-9 p.m. also July 13, 20 and 27, \$65, shop with the instructor first night of class, Arts & Crafts, 552-7012 or 552-2478

**Beginner and Advanced Stained Glass** 6:30-9 p.m. also July 13, 20 and 27, \$85 plus glass, limit eight people, Arts & Crafts, 552-7012 or 552-2478

**Thursday Evening Mountain Bike Ride** 5:30 p.m., \$5 bike rental if needed from Equipment Rental, Outdoor Recreation, 552-2023

### July 7

**One-Stroke Painting "Pansies in a Boarder"** 6:30-9 p.m. also July 14 and 29, \$35 includes wooden plaque, Arts & Crafts, 552-7012 or 552-2478

**Give Parents a Break** 7-11 p.m., must have a referral and a reservation, Denali CDC, 552-8304

## Now Showing at the Talkeetna Theater

Today 7 p.m. PG-13  
**Poseidon**

After a tidal wave capsizes a luxury liner in the North Atlantic, survivors band together to traverse an upside-down maze that they hope will take them to safety. As the wrecked vessel fills with water, the survivors must call on hidden strengths and skills to face the fight of their lives.

Saturday 7 p.m. PG  
**RV**

The Munros are a typically American dysfunctional family, complete with rebellious, uncommunicative offspring and baffled parents. Patriarch Bob (Robin Williams) would like to remedy the situation before his son and daughter instant-message their parents out of their lives. Bob rents a motor home to take the clan on vacation but soon finds that camping and togetherness can be hazardous to one's health.

Sunday 6 p.m. PG-13  
**Poseidon**



# Independence

By Capt. Tony Wickman  
71st Flying Training Wing Public Affairs

## Across

1. Delicate fabric  
5. Dejected  
8. Military ID card  
11. Disney film  
12. Appeal  
14. Aquatic, photosynthetic organism  
15. Primes a surface  
16. Scream  
17. “Never \_\_\_\_ Kissed” (1999)  
18. Oracle  
19. Agreeable  
21. Start of a John C. Calhoun Independence quote  
25. Org. for family activities  
28. Sweetened beverage  
29. Heavy weight  
30. Paddle  
31. Greek salad item  
33. Throw  
37. Final part of Calhoun quote

S	P	I	R	I	T		L	C	D		S	T	A	Y
S	E	N	T	R	Y		A	O	L		O	H	I	O
S	A	T	E	E	N		U	G	A		L	U	L	U
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I	S	L	E		L	A	N	C	E	R		E	O	N
G	R	O	V	E	L					B	O	U	R	N
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		C	S	I			P	L	A	N				
L	E	T	O		A	T	O				D	R	A	G
E	D	E	N		C	O	O				E	N	C	O
G	E	R	E		E	R	S				R	A	T	T

June 23 solutions

42. Movie dog  
43. Sound of distinct pitch, quality, and duration  
44. Vertebrate organ of hearing  
45. Place  
48. Fall mon.  
49. Dined  
50. Second part of Calhoun quote  
56. Bank request, perhaps  
57. Arm bone  
61. Greek mythology nymph  
62. Chooses  
64. Sag  
65. Comparable  
66. Skin opening  
67. Tangent  
68. Org. advising the POTUS on security matters  
69. Bread type  
70. Hawaiian bird

## Down

1. Entice  
2. Out of the wind  
3. Italian island  
4. USN rank  
5. Mole  
6. First letter of the Hebrew alphabet  
7. Actress Reese  
8. Erase  
9. One empowered to act for another  
10. Long poem division  
11. Army’s police  
13. Perceptive  
14. Makes the heart grow fonder  
20. Commotion

	1	2	3	4		5	6	7				8	9	10
11						12				13		14		
15						16						17		
18								19				20		
				21	22	23	24							
25	26	27			28					29				
30					31			32				33	34	35
37					38					39	40	41		
42													44	
					45	46	47			48				49
50	51	52						53	54				55	
56												57	58	59
61														
65														
68														

22. 27th President of the United States  
23. Thought  
24. Program looking for ETs  
25. Ninth letter of the Greek alphabet  
27. Jog  
32. Picnic pest  
34. Region  
35. Quickly  
36. Ancient Phoenician city  
38. Musical instrument  
39. Pillage  
40. Short measurement

41. Radiation type  
46. Snakelike fish  
47. Group of soldiers  
50. Fervent expression of joy  
51. Backpacks  
52. Principles of right  
53. Cloudy diffused matter  
54. “Unlawful \_\_\_\_” (1992)  
55. Health care provider  
58. Meat cut  
59. Joint  
60. Mock  
63. Observe  
64. Actor Akroyd



# SPORTS PAGE

## Professional football comes to town

By Master Sgt. Tommie Baker  
3rd Wing Public Affairs

The Alaska Wild is coming to town.

The Alaska Wild, you ask? Who is that?

That's the name of the newest team to join the Arena Football League, ArenaFootball2.

In May, the AF2 announced its intent to develop a team here in Alaska.

More than 1,500 names were submitted between May 5 and June 5 by football fans spanning across the United States and Canada.

Deryl Morse, 3rd Equipment Maintenance Squadron, submitted 25 names and was announced as the winner of the 'name the team'

competition.

"I'm glad they chose 'Alaska Wild,' that was actually my first thought when I started writing down names to submit," said Morse.

The unveiling ceremony was held June 23 at the Sheraton Hotel downtown.

Contacting Morse to inform him he had won the competition proved to be almost as tedious a task as choosing the name.

On leave and fishing down at the Russian River, Morse had poor cellular phone reception and wasn't even contacted until June 22 to inform him he needed to be present for the unveiling ceremony.

Once notified, he high-tailed it

back into town to receive his prize, a 2007 Season family four-pack to all eight regular season home games.

Chris Newans, former Anchorage Aces player and now Vice President of Operations for Alaska Professional Sports, exclaimed "We've craved a professional football team here, and now we have one."

The Anchorage-based team will play a 16-game season beginning in April 2007, including eight home games at the Sullivan

Arena in Anchorage, Alaska.

An exhibition game is also being planned to take place on Saturday, March 24, at the Carlson Center in Fairbanks, Alaska.

In the midst of its seventh season of play, AF2 is currently comprised of 23 teams. Alaska will likely join the AF2's West Division, which includes three California teams (Bakersfield Blitz, Central Valley Coyotes, Stockton Lightning) and



PHOTOS BY SENIOR AIRMAN GARRETT HOTHAN

**Deryl Morse, 3rd EMS, submitted the winning name for the new Alaska Arena football team and was presented four season passes.**

two Washington teams (Spokane Shock and Everett Hawks).

The league operates under the same Mission Statement and Fans' Bill of Rights as the Arena Football League, which is currently in its 20th season.

For additional information about Alaska's AF2 team, visit [www.akprosports.com](http://www.akprosports.com) or contact Denise Brown Robinson at 907-360-1832, [denise@akprosports.com](mailto:denise@akprosports.com). For information on af2 visit the league's Web site at [www.af2.com](http://www.af2.com).



**Chris Newans, Alaska Professional Sports, vice president of operations, speaks of the future of the newly named ArenaFootball2 team, the Alaska Wild. Mayor Mark Begich was presented the first team jersey.**

**Deryl Morse, 3rd Equipment Maintenance Squadron, submitted the winning name and was presented a four-pack of season passes.**

**AF2, in its seventh season, is a member of the Arena Football League. To find out more about AF2, go to [www.af2.com](http://www.af2.com).**

### Sport Shorts

#### Aerobics cancelled

Due to the holiday weekend, there will be no Aerobics classes at the Temporary Fitness Center Saturday, Monday or Tuesday.

Classes will resume next week at the regular times.

#### Honoring our Heroes golf scramble

The 2nd Annual Honoring our Heroes golf tournament will take place at 8 a.m. July 14 at the Eaglelenn Golf Course.

The format is a four-person scramble with a shotgun start. The cost is \$100 per team, plus green fees, and benefits the Air Force Ball. July 5 is the last day to sign up.

For more information, or to sign-up, contact 2nd Lt. Jared Ferneau at 552-9057 or via e-mail at [elmendorf.ball@elmendorf.af.mil](mailto:elmendorf.ball@elmendorf.af.mil).

#### Outdoor Adventure Program

Hiking, biking, kayaking and rafting are a few of the adventures sponsored by the Outdoor Adventure Program. OAP is located inside the Outdoor Recreation building.

For more information, call 552-2023.

#### Spinning certification and continuing education class

The Fitness Center is hosting a spinning certification and continuing education class at 9 a.m. Sept. 23-24 in the spinning room.

Anyone interested can sign up at the spinning web site at [www.spinning.com/instructors](http://www.spinning.com/instructors) or call Matt Livingston at 552-3504.

#### Gymnastics, cheerleading

Gymnastics and cheerleading classes are available for children ages 18 months and older at the Youth Center.

Instruction is available for beginners, intermediate and advanced levels. Prices range from \$40-\$110 a month depending on level of instruction.

All classes are one day a week. For more information, call the Youth Center at 552-2266.

#### Martial Arts

The Arctic Oasis is hosting Kenpo Karate from 6-7 p.m. Wednesdays for ages 4-18 and 7-8 p.m. for adults. Kuk Sool Won is also available for Adults.

For more information, call 552-8529.



PHOTO BY STAFF SGT. ALAN PORT

**Darren DeRoos, 962nd Airborne Air Control Squadron, swings for the fence during their intramural softball game against the 3rd Medical Support Squadron. The 962nd came out on top 7 to 6.**